

## Week One

|                    | Monday  | Tuesday   | Wednesday   | Thursday                                   | Friday                                   |
|--------------------|---|---|---|--|--|
| Option 1           | West Country Sausages and Mashed Potato               | Chicken Korma & Rice                                  | Roast Chicken with Stuffing                           | Spaghetti Bolognese                        | Mini Battered Fish Fillet and Chips      |
| Option 2           | Quorn Sausages and Mashed Potato                      | Cheese and Tomato Pizza and Potato Waffles            | Quorn Roast with Stuffing                             | Macaroni Cheese                            | Cheese Wheels and Chips                  |
| Served with        | Broccoli or Baked Beans Gravy or Tomato Ketchup       | Peas or Baked Beans                                   | Roast or Mashed Potatoes, Broccoli, Carrots and Gravy | Garlic Bread and Peas                      | Peas or Baked Beans and Tomato Ketchup   |
| and for Pudding    | Chocolate Cracknel or Fresh Fruit                     | Raspberry and Apple Sponge and Custard or Fresh Fruit | Organic Ice Lolly                                     | Cheese, Biscuits and Grapes or Fresh Fruit | Custard Biscuit or Fresh Fruit           |
| Jacket Potato      | Jacket Potato with Beans, Cheese or Tuna              | Jacket Potato with Beans, Cheese or Tuna              | Jacket Potato with Beans, Cheese or Tuna              | Jacket Potato with Beans, Cheese or Tuna   | Jacket Potato with Beans, Cheese or Tuna |
| Available Each Day | Fresh fruit, salad, coleslaw, yoghurt, water and milk |   |   |  |  |
| Week starting:     | 07/09/20 28/09/20 19/10/20 16/11/20 07/12/20          |   |   |  |  |

## Week Two

|                    | Monday  | Tuesday                                    | Wednesday   | Thursday  | Friday                                   |
|--------------------|---|--|---|---|--|
| Option 1           | Organic Pork Meatballs in Tomato Sauce with Pasta     | Cheese and Tomato Pizza and Potato Waffles | Roast Chicken with Stuffing                         | Breakfast Brunch Bacon and Sausage                              | Mini Battered Fish Fillet and Chips      |
| Option 2           | Macaroni Cheese                                       | Vegan Sausage Roll and Potato Waffles      | Quorn Roast with Stuffing or Vegetable Plait        | Breakfast Brunch Two Quorn Sausages                             | Vegetable and Bean Enchilada             |
| Served with        | Garlic Bread, Broccoli and Peas                       | Peas or Baked Beans and Tomato Ketchup     | Roast or Mashed Potato, Cabbage, Broccoli and Gravy | Potato Waffles, Tomato, Mushroom, Scrambled Egg and Baked Beans | Peas or Baked Beans                      |
| and for Pudding    | Cheese, Biscuits and Grapes or Fresh Fruit            | Chocolate Cracknel or Fresh Fruit          | Organic Ice Lolly or Fresh Fruit                    | Vanilla Cup Cake or Fresh Fruit                                 | Chocolate Biscuit or Fresh Fruit         |
| Jacket Potato      | Jacket Potato with Beans, Cheese or Tuna              | Jacket Potato with Beans, Cheese or Tuna   | Jacket Potato with Beans, Cheese or Tuna            | Jacket Potato with Beans, Cheese or Tuna                        | Jacket Potato with Beans, Cheese or Tuna |
| Available Each Day | Fresh fruit, salad, coleslaw, yoghurt, water and milk |  |   |   |  |
| Week starting:     | 14/09/20 05/10/20 02/11/20 23/11/20 14/12/20          |  |   |   |  |

## Week Three

|                    | Monday  | Tuesday   | Wednesday   | Thursday                                 | Friday                                   |
|--------------------|---|---|---|--|--|
| Option 1           | Organic Beef Burger in a Bun with Tomato Ketchup and Potato Waffles | Vegetable and Bean Enchilada                        | Roast Chicken with Stuffing                         | Hunters Chicken and Rice                 | Mini Battered Fish Fillet and Chips      |
| Option 2           | Quorn Burger in a Bun with Tomato Ketchup and Potato Waffles        | Macaroni Cheese and Garlic Bread                    | Quorn Roast with Stuffing or Homity Pie             | Quorn Pasta Bolognese                    | Quorn Dippers and Chips                  |
| Served with        | Baked Beans or Peas   | Peas  | Roast or Mashed Potato, Broccoli, Carrots and Gravy | Broccoli                                 | Peas or Baked Beans Tomato Ketchup       |
| and for Pudding    | Sticky Chocolate Cake and Chocolate Sauce or Fresh Fruit            | Cherry and Apple Crumble and Custard or Fresh Fruit | Cheese, Biscuits and Grapes or Fresh Fruit          | Organic Ice Lolly or Fresh Fruit         | Custard Biscuit or Fresh Fruit           |
| Jacket Potato      | Jacket Potato with Beans, Cheese or Tuna                            | Jacket Potato with Beans, Cheese or Tuna            | Jacket Potato with Beans, Cheese or Tuna            | Jacket Potato with Beans, Cheese or Tuna | Jacket Potato with Beans, Cheese or Tuna |
| Available Each Day | Fresh fruit, salad, coleslaw, yoghurt, water and milk               |   |   |  |  |
| Week starting:     | 21/09/20 12/10/20 09/11/20 30/11/20                                 |   |   |  |  |