

Fresh Ideas Feeding Minds

Spring / Summer

Menu 2022

Ilfracombe Infant & Nursery School

Welcome to our New Spring/Summer 2022 menu. Our menu is compliant to the School Food and Food for Life served Here Standards

Devon Norse are proud to support Farmwise Devon

FarmWise
Devon

Allergen information is available from your school or www.devonnorse.co.uk

Should your child have a medically diagnosed Allergy or health condition that requires an alternative menu please complete our special diet registration form available from the school office or email info@devonnorse.co.uk

Throughout the year we offer a number of themed menus to support the curriculum, celebrate holidays and seasonal events - please check with your school for local arrangements.

Fresh Bread, Salad, Fruit, Yoghurts, Milk and Water are all available daily,

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese	Chicken Korma & Rice	Roast Chicken	Organic Pork Meatballs & Wholemeal Pasta	Mini Battered Fish Fillet
Option 2 (v)	Vegetable Fajitas	Cheese Wheels & Wholemeal Pasta	Quorn Roast or Potato Topped Vegetable Pie	Quorn Burgers in a Bap or with Wholemeal Pasta	Quorn Dippers
Sides	Garlic Bread, Peas & Summer Salad Sticks	Peas, Baked Beans & Tomato Ketchup	Roast or Mashed Potatoes, Carrots, Broccoli & Gravy	Broccoli or Peas	Chips, Wholemeal Pasta, Peas, Baked Beans or Vegetable Sticks
And for pudding	Flapjack or Cheese & Biscuits	Sticky Chocolate Cake with Chocolate Sauce or Cheese & Biscuits	Peaches & Langage Farm Ice Cream or Cheese & Biscuits	Seasonal Fresh Fruit Platter or Cheese & Biscuits	Chocolate Cookie or Cheese & Biscuits
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	25/04/22 – 16/05/22 – 13/06/22 – 04/07/22 – 05/09/22 – 26/09/22 – 17/10/22				

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Tomato Pizza	All Day Breakfast (Westcountry Sausage, Bacon & Free Range Egg)	Roast Chicken	Cottage Pie & Gravy	Mini Battered Fish Fillet
Option 2 (v)	Spanish Rice	Vegetarian Brunch (Quorn Sausage & Free Range Egg)	Quorn Roast or Cauliflower & Broccoli Cheese Bake	Quorn Sausage & Mash Potato	Quorn Dippers
Sides	Potato Waffles & Peas	Baked Beans & Hash Browns	Roast or Mashed Potatoes, Broccoli, Carrots & Gravy	Broccoli or Peas	Chips, Wholemeal Pasta, Peas, Baked Beans or Vegetable Sticks
And for pudding	Pip Organic Ice lolly or Cheese & Biscuits	Eves Pudding (Apple Sponge) & Custard or Cheese & Biscuits	Fruit Jelly & Langage farm Ice Cream or Cheese & Biscuits	Toffee Banana Cake or Cheese & Biscuits	Chocolate Cracknel or Cheese & Biscuits
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, .Drinking Water, Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	02/05/22 -23/05/22 – 20/06/22 – 11/07/22 – 12/09/22 – 03/10/22				

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese	Organic Beef Burger in a Bun	Roast Chicken	Vegetarian Quorn Lasagne	Mini Battered Fish Fillet
Option 2 (v)	Veggie Cottage Pie & Mashed Potato	Quorn Burger in a Bun	Quorn Roast or Vegetable Wellington	Quorn Hot Dog in a Roll	Quorn Dippers
Sides	Garlic Bread, Peas & Summer Salad Sticks	Herby Diced Potatoes, Peas & Side Salad	Roast or Mashed Potatoes, Carrots, Broccoli & Gravy	Garlic Bread & Broccoli or Peas	Chips, Wholemeal Pasta, Peas, Baked Beans or Vegetable Sticks
And for pudding	Summer Fruits & Langage Farm Ice Cream or Cheese & Biscuits	Iced Orange Muffin or Cheese & Biscuits	Seasonal Fresh Fruit Platter or Cheese & Biscuits	Sticky Chocolate Cake & Chocolate Custard or Cheese & Biscuits	Chocolate Cracknel or Cheese & Biscuits
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	09/05/22 – 06/06/22 – 27/06/22 – 18/07/22 – 19/09/22 – 10/10/22				