



Ilfracombe Infant & Nursery School
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Date: 22nd September 2023

Dear Parents and Carers,

Visit to Ilfracombe High Street, Year Two

The children enjoyed their visit to the local High Street where they explored the shops to support their 'The High Street' writing.



Tennis at Bicclescombe Park, Year Two

The children have thoroughly enjoyed their tennis sessions with Gary Tovey at Bicclescombe Park.



Forest School and P.E. Timetable Changes

We have made some changes to our Forest School and P.E. timetables for Turtles, Starfish and Woodpeckers classes. These changes will take effect from next week (week commencing 25th September 2023)

Turtles will have Forest School on a Monday instead of a Thursday

Starfish and Woodpeckers will no longer have Forest School and will have Outdoor Learning with their teachers on the following days:

Starfish - Tuesday Outdoor Learning

Woodpeckers - Friday Outdoor Learning

Starfish and Woodpeckers will have Multiskills with James on a Wednesday.

After School Clubs - Year One and Year Two

We still have spaces on our Imagination Group club with Mrs Borthwick. In this club, the children will be able to play with and explore the resources in the Nursery with Karen.

School Car Park

Please may we request that parents and carers do not use the school car park to drop off or collect their children. The car park is for use by members of staff only and for contractors and visitors with appointments at the school.

NHS Mental Health Support Team - Informal Coffee Afternoon

Debbie Newman, Education Mental Health Practitioner, will be holding an informal coffee afternoon on **Wednesday 27th September from 3.00 pm to 3.30 pm** at the school. This is an opportunity for parent and carers and their friends and family to find out about the Mental Health Support Team and what it does.

Kind regards,

Claire Grant

Executive Headteacher

Diary Dates

Monday 9 th October 2023	Vision Screening - Reception
Monday 16 th October 2023	Tempest Photography - Portraits and Family Groups
Wednesday 18 th October 2023	2023-24 Flu Nasal Spray Vaccinations - Reception, Year One and Year Two
Monday 23 rd October - Friday 27 th October 2023	Half Term

Visit RHS Gardens for £1

At the RHS, we're keen to share the joy of gardening with as many people as possible. If you receive any of the following benefits, you'll be able to visit RHS Garden Rosemoor for just £1:

- Universal Credit
- Pension Credit
- Housing Benefit
- Child Tax Credit
- Working Tax Credit
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance

You can book £1 tickets for yourself and up to five people coming with you. This can be a mixture of children and adults. Only one member of the party needs to be receiving benefits. You will need to present proof of your benefits on arrival at the garden.

Please note: This offer applies to standard garden entry only and is not valid on separately ticketed events such as RHS Glow.

National Trust

Visit a National Trust place for free this autumn. Please visit the National Trust website for details:

<https://www.nationaltrust.org.uk/visit/escape-into-autumn>

Hi!



For those who are not aware, I am Debbie Newman, an Education Mental Health Practitioner (EMHP for short!). I am part of the **Mental Health Support Team** for schools in North Devon, and we work for the NHS.

I will be working in school on a Wednesday afternoon and my time in school will be split between helping the school community (parents, staff, governors and pupils) to develop a Whole School Approach to mental health, and working directly with parents 1:1, in small groups or through information workshops to support children with mild to moderate mental health difficulties such as anxiety, low mood, or behavioural difficulties.

A 'Whole School Approach' means thinking about how every part of school life – people, buildings, timetables, can work together to develop a mentally healthy place to learn and work; one that promotes positive wellbeing and where children are supported to be happy, resilient, and healthy.

I would love to hear your views on what is already happening at Ilfracombe Infants and invite you to complete a short, anonymous, online survey to help us tailor our support to the needs of the school community. You can do this by clicking the link below or scanning the QR code:

<https://www.smartsurvey.co.uk/s/L8Z2FI/>



We are also running an **informal coffee afternoon** for anyone who would like to join us for a cuppa and a chat about what we do. Please come with friends, family and any little ones, we look forward to meeting you!

Date: Wednesday 27th September

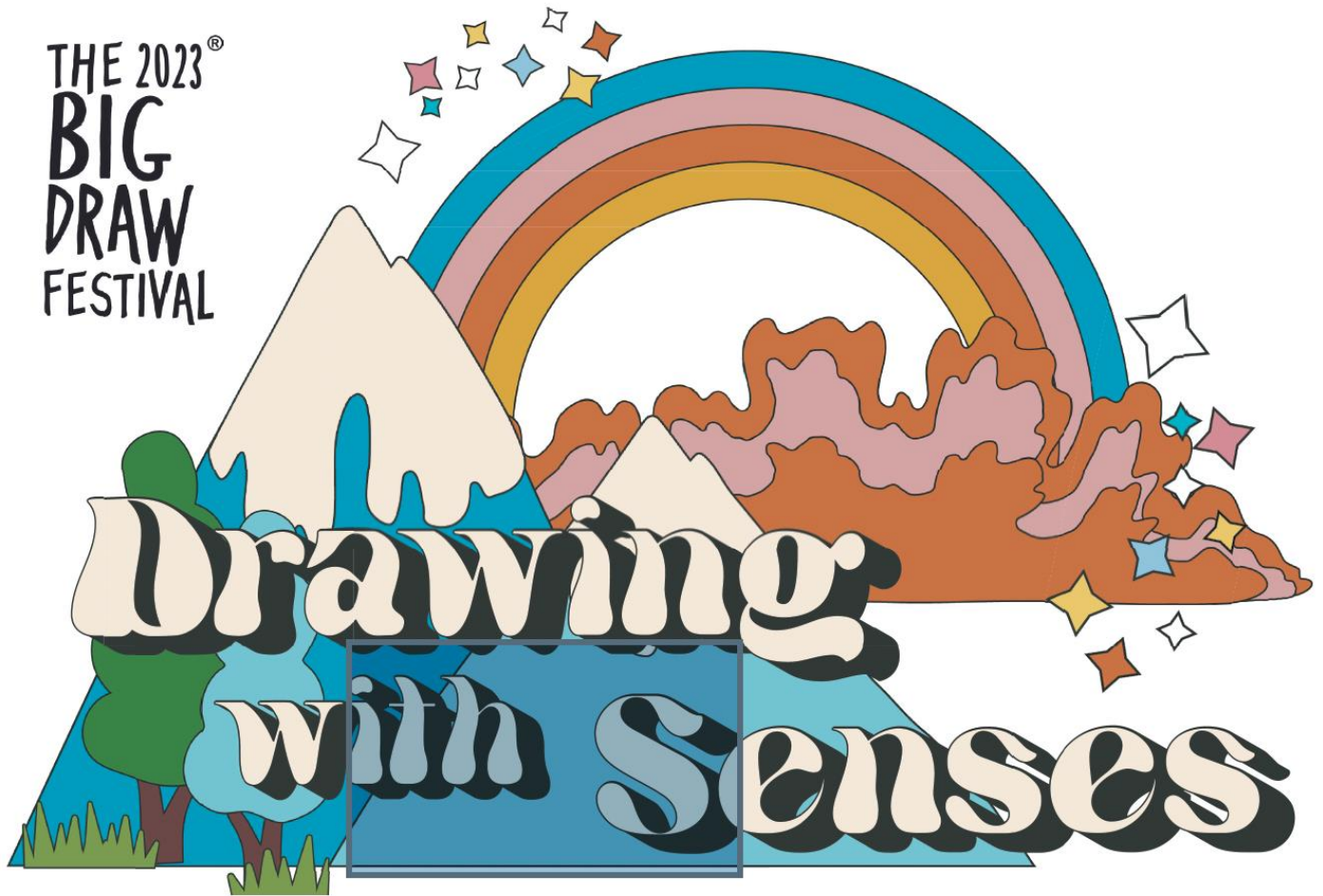
Time: 3.00 -3:30pm

Location: Please come to reception where you will be shown to the Music Room.

See you soon!

Debbie

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