

Physical Education

Our intent:

- We want our children to become physically confident and to develop their self-confidence, creativity and sense of achievement through their experiences in PE.
- We want our children to engage with physical activity on a daily basis and incorporate physical activity into their daily lives, now and into the future. We want our children to take this enjoyment and love of physical activity out of school and to develop their skills further (through after school clubs and community based activities).
- We want our children to learn the skills needed to enable them to play and take part in a variety of sports and physical activities and perform to an increasingly good standard. We want them to understand the importance of physical activity and how it can support their health, fitness and mental wellbeing.
- We want our children to learn how to collaborate and communicate with others as part of a team. We want them to develop an understanding of fairness and equity of play which will benefit them as they engage in sporting activity and competition.
- We want our children to develop resilience through a range of sporting activities and to approach their learning with a growth mind-set.
- We want our children to gain confidence from performing to audiences in dance and gymnastics
- We want to support our children in acquiring a rich vocabulary through discussion about sporting performance. We want them to use this vocabulary to accurately identify features of strength/areas for development in their own performance and the performance of others.