



Ilfracombe Infant & Nursery School
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Date: 6th March 2026

Year Two - Visit to Dunster Castle

Year Two enjoyed their trip to Dunster Castle this week as part of our topic: Dragons, Knights and Castles. They went inside the castle to learn about what life was like, explored the outside features and went on a walk to see the working watermill.



World Book Day 2026

The children enjoyed dressing up as their favourite book characters and sharing stories with each other.



Year One - Visit to Bicclesombe Park

Year One enjoyed a day at Bicclesombe Park this week for their topic Wonderful Gardens. The children enjoyed pond dipping, where they saw tadpoles, newts and frogs. They also explored the plants around the park and talked about wild and garden flowers. The children also looked at deciduous and evergreen trees and labelled their parts.



Turtles and Jellyfish

As part of the topic work next week we would like to use some baby photos of the children. If you have a photo we could use please send it in to class, it will be returned at the end of the topic. If you would like to send a digital copy for us to print please send it to adminilfracombe@goodlif.org.uk stating your child's name and class and it will be forwarded to your child's teacher.

Kind regards,



Claire Grant
Executive Headteacher

Diary Dates

Friday 6 th March	Whole School - Holi Festival
Monday 9 th March	Swans - visit to Ilfracombe Library
Monday 16 th March	Kingfishers and Woodpeckers - Visit to Ilfracombe Library
Friday 20 th March	Whole School - Eid Festival
Monday 23 rd March	Zebras - Visit to Ilfracombe Library
Monday 30 th March	Giraffes - Visit to Ilfracombe Library
Monday 30 th March	Turtles and Jellyfish - Easter Craft Workshop at 2pm. Parents and Carers welcome to attend.
Tuesday 31 st March	Reception Visit to RHS Rosemoor Gardens, Torrington
Tuesday 31 st March	Giraffes and Zebras - Easter Craft Workshop at 2pm. Parents and Carers welcome to attend.
Wednesday 1 st April	Woodpeckers - Easter Craft Workshop at 2pm. Parents and Carers welcome to attend.
Thursday 2 nd April	Kingfishers and Swans - Easter Craft Workshop at 2pm. Parents and Carers welcome to attend.
Friday 3 rd April - Friday 17 th April	Easter Holidays
Monday 20 th April	Return to school

WIN £100 AND HELP IMPROVE THE MORNING SCHOOL RUN!

We have been selected by the Department for Education to help design a national Breakfast Club programme that works for every family's morning school run.



THE ASK

A 10 minute
online survey.



WHO

Everyone! We're really interested to hear from those who **don't** use the breakfast club too!



**Designed by parents, for
parents**

Scan this QR code, complete the 10 minute survey and have the chance to win £100!

Help ensure breakfast clubs work for all families!

HELPING YOUR CHILD WITH FEARS & WORRIES



6 WEEK ONLINE PROGRAMME

Parents and carers play the most important part in helping children to overcome difficulties. We are delivering an online Parent-Led CBT (PLCBT) group to provide you with the tools to support your child or young person aged between 5-12.

EXPRESS INTEREST BY SPEAKING TO A MEMBER OF YOUR SCHOOLS PASTORAL TEAM/SENDCO.

During the sessions you will have the opportunity to rehearse key skills. The sessions are based on the Cathy Cresswell book 'Helping Your Child with Worries and Fears'

FAQ

What is Parent Led Li-CBT?

Parent Led Low Intensity Cognitive Behavioural Therapy (Parent Led Li-CBT) is a short term 6 session intervention supporting parents and carers. Parents learn simple tools to help their child with anxiety or worries at home. CBT stands for Cognitive Behaviour Therapy. CBT is based on the idea that our thoughts, feelings, behaviours are all linked.

Is it all online?

All sessions are online via Microsoft Teams. Once you are signed up you will be emailed a link. Cameras will be off for group participants.

Can my child come with me?

We do ask that it is only parents and carers who attend these sessions. This provides a safe space for you to discuss your own worries and anxieties and allows the practitioners to focus on supporting you to gain the skills to support your child.

SESSION DATES

28th of April 2026
(Tuesday)
7pm-8pm

5th of May 2026
(Tuesday)
7pm-8pm

12th of May 2026
(Tuesday)
7pm-8pm

19th of May 2026
(Tuesday)
7pm-8pm

2nd of June 2026
(Tuesday)
7pm-8pm

9th of June 2026
(Tuesday)
7pm-8pm



More Information
Scan Here