

ILFRACOMBE INFANT & NURSERY SCHOOL Marlborough Road, Ilfracombe EX34 8JL Tel: 01271 863462

Email: <u>adminilfracombe@goodilf.org.uk</u> Website: www.ilfracombe-inf.devon.sch.uk

Executive Headteacher: Claire Grant

14<sup>th</sup> May 2021

Year 1 Tennis

Year 1 have enjoyed going to Bicclescombe Park for their tennis lessons with Gary Tovey. The children have been practising their ball skills, rallying in pairs and perfecting their tennis swing.









## Outdoor Learning

In Outdoor Learning this term we are learning all about plants. Year 1 have planted their own tomato seeds in pots. We have also weeded, dug and sown bean and flower seeds in the flowerbeds.









## Get Tested to Help Keep Devon Safe

As we move to the next stage of Covid-19 restrictions easing, every adult in Devon is now being encouraged to take a quick, lateral flow test (rapid test) for coronavirus at least twice a week to help stop the virus spreading. These tests are for people who <u>do not</u> have symptoms (are asymptomatic).

Around 1 in 3 people with COVID-19 don't have any symptoms but can pass it on. Regular testing helps identify those who are likely to have the virus, unknowingly and is essential to help stop the virus spreading and to protect one another.

Getting a rapid test is fast and convenient providing a result within the hour. Anyone over 18 can now access these tests in Devon, including:

- being tested at one of our many mobile rapid testing sites
- collecting home test kits from any of our mobile rapid testing sites
- collecting home test kits from <u>NHS testing locations and pharmacies that are part of</u> the Pharmacy Collect Scheme
- having home test kits from the NHS delivered to your home

People with symptoms - new and continuous cough, high temperature, or change to their usual sense of taste or smell - should still immediately self-isolate and arrange a <u>PCR test via the NHS</u>.

## **Test and Trace Support Payments**

If you or a child needs to self-isolate, you might be able to get a Test and Trace Support payment of £500 if either:

- you have been told to self-isolate because of coronavirus (COVID-19) and you cannot work from home
- you're the parent or guardian of a child who has been told to self-isolate and you need to take time off to look after them

You must be employed or self-employed to get the payment. Further details and eligibility can be found <u>here. https://www.gov.uk/test-and-trace-support-payment</u>

With kind regards

Jula,

**Claire Grant** Executive Headteacher

## Birthday Sweets for the Class

Some people choose to send in sweets to share with the class when it is their child's birthday. Please can you ensure that the sweets are suitable for vegetarians as we are unable to distribute sweets containing animal products such as pork gelatine.

Thank you